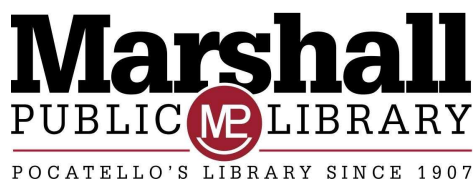


News Release

FOR IMMEDIATE RELEASE
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Contact: Amy Campbell, 232-1263 extension 22
acampbell@marshallpl.org

Declare Your Food Independence

Library hosts program about locally grown food on February 4, 2010

Pocatello's Marshall Public Library, 113 South Garfield Avenue, will host a program about the importance of buying locally grown food on Thursday, February 4, 2010 at 7:00 p.m. The program will be presented by John and Karen Brady, founders of Brady's Plant Ranch, Ltd. The Bradys will provide information on the economic and health benefits of growing your own food and buying locally grown produce and meat. They will also discuss how to harvest food from your own garden year round, why farmers' markets are important, and how to develop a professional relationship with a local farmer.

This program is free and open to the public. For more information, please call Amy at the Library at 232-1263 extension 22.

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