



OFFICE OF THE MAYOR
911 North 7th Avenue
P. O. Box 4169
Pocatello, Idaho 83205-4169
(208) 234-6163
Fax: (208) 234-6297
www.pocatello.us

ROGER W. CHASE
Mayor

Pocatello City Council:
ROGER BRAY
RON FRASURE
GARY MOORE
EVA JOHNSON NYE
ROBERT RICHWAY
BRIAN UNDERWOOD

January 6, 2010

FOR IMMEDIATE RELEASE

CONTACT: Lance Clark, Outdoor Recreation Programmer, at 234-6237

SCHEDULE ANNOUNCED FOR NORDIC CENTER *Variety of Activities Offered*

The City of Pocatello Parks & Recreation Department announced the 2010 events calendar for the East Mink Creek Nordic Center. There are activities for a variety of interests.

The first event is the 2010 Potato Cup scheduled for this Saturday, January 9, 2010. This race is organized by the Pocatello Nordic Ski Foundation for area skiers to compete against the clock and each other on the challenging 5k race course. Events vary from 2k to 20k in classic, freestyle and pursuit. For more information and registration, visit www.pokyxc.org.

January 16, 2010 is the annual community Ski For Free Day. This popular community event features free ski trail passes, free ski package rentals, free mini lessons, free snowshoe rentals, and free hot chocolate. Rentals start at 10:00 a.m. with returns required by 5:00 p.m. Participants should be aware, however, that due to the high demand, the rental center often runs out of popular sizes early in the day.

Learn to Love to Skate is set for January 23, 2010. Half-price skate rentals and a free 20 minute primer lesson will help participants try out this growing sport with a minimal investment. Individuals must purchase a day trail pass or season pass to access the trail system.

Finally, Children's Cross Country Lessons start February 6, 2010 and run for four consecutive Saturdays. The cost is \$30 and includes equipment rentals and trail passes. Lessons for ages 5 to 9 will be held from 10:30 a.m. to 12:00 noon, while lessons for ages 10 to 14 will be held from 12:30 p.m. to 2:00 p.m. If the groups are large enough, they will be split by skill level. Registration is at the Community Recreation Center, 144 Wilson Avenue, or on-site anytime before the lessons start.

For those who may not be able to participate in these events, the Nordic Center is open regularly Friday, Saturday and Sunday from 10:00 a.m. to 5:00 p.m. Trail passes are \$6 for adults and \$3 for minors, and rental packages range from \$8 to \$12. For more information about the Nordic Center, call the Outdoor Recreation Office at 234-6237.

###

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER