

SUSTAINABILITY - ON THE MOVE

There are many ways to get around Pocatello outside of your car. This will reduce the amount of pollution in Pocatello, making it a cleaner, healthier and more sustainable City.

3 Small Steps YOU Can Take

1. Drive less; Walk or bike for trips under 1 mile
2. Carpool
3. Inflate your car's tires to the correct pressure.

Additional Small Steps YOU Can Take

Action	Benefits					
	Water Supply	Water Quality	Energy Supply	Air Quality & Climate Protection	Waste & Toxics Reduction	Habitat and Wildlife Protection
Bike, walk or take the bus instead of driving whenever possible.			X	X		
Combine trips when running errands so that you are not using your car for single-purpose trips.			X	X		
Drive the speed limit; it will save you gas.			X	X		
Use cruise control to save gas.			X	X		
Wash your car at commercial car washes that recycle water. Keep soapy water out of the street, which takes it to the river.		X			X	X
Recycle motor oil and other fluids at the Bannock County Landfill or Grease Monkey locations.		X			X	X
Keep your tires properly inflated			X	X		

When it's time to replace your car, buy a fuel-efficient vehicle			X	X		
Turn our engine off rather than idling.			X	X		
Never top off your tank.		X			X	

HELPFUL INFORMATION

Bus Routes and Schedule

[Pocatello Regional Transit \(PRT\)](#) can take you from home to work, school, shopping, museums, hotels and more.

[Salt Lake Express](#) runs 20 daily shuttles between Salt Lake City and Southeast Idaho. They also serve Logan, Twin Falls and Boise.

Bike or Walk to Work/School/Shopping/Playing

[Bannock Transportation Planning Organization \(BTPO\)](#) provides information on the best route for walking or biking from home to work.

[The Portneuf Greenway Foundation](#) has additional information about biking and walking trails.

[Poky Free Bikes](#) volunteers will help you pick out and fix up one of their many bikes, free of charge.

Rules of the Road for Biking

Stop by [BTPO](#) to pick up the 2 guides about bicycling in Idaho (FREE).

- o [Idaho Bicycle Commuter Guide](#)
- o Idaho Bicycling Street Smarts

Here are a few of the tips and rules provided in the Bicycle Commuter Guide:

- o Headlights are required by law for night riding, and taillights are a good addition to the required rear red reflector (make sure not to block or cover your rear reflectors).
- o Approximately three out of every four bicycle-related deaths that occur in the U.S. are due to head injuries. Using a helmet can significantly reduce the chance and severity of a head injury and may even save your life.
- o Ride with the traffic flow and as far right as conditions safely allow.
- o Obey all traffic-control devices.
- o "Always" yield the right-of-way to pedestrians.
- o At intersections, position yourself in the rightmost lane that best reflects your travel intentions (i.e. use through lanes when traveling straight, use dedicated turn lanes when turning).

Take a Walking Tour

Pocatello has several historic neighborhoods and districts that are best enjoyed on foot. Stop by Old Town Pocatello and pick up a walking tour map of:

Eastside Downtown

Pocatello Downtown Historic District

Walk our Local Trails

ISU Continuing Education and New Knowledge Adventures frequently have programs focused on walking sections of the Portneuf Greenway and other trails. More information is available on their [course catalogs](#).

[Westside Residential Historic District Self-Guided Walking Tour](#)

[Eastside Downtown Historic District Self-Guided Walking Tour](#)

Public Lands Trails

Pocatello is fortunate to be surrounded by thousands of miles of public land. Most of this land is part of the Caribou Targhee National Forest. For information about trails on these lands, visit the following websites:

- [Portneuf Greenway Foundation](#) - They have an online map of many hiking/biking trails in addition to a printed map showing trails on the West Bench, Blackrock and Highland areas.
- [City Creek Trail Users Group](#) - They have produced a great map and management plan for the City Creek area.
- [Bureau of Land Management \(BLM\)](#) - Travel management plans are available at their field office: 4350 Cliffs Drive | Pocatello, ID 83204 | 208-478-6340
- [United States Forest Service \(USFS\) Westside Ranger District](#) - Management plans are available at their field office: 4350 Cliffs Drive | Pocatello, ID 83204 | 208-478-6340
- [City of Pocatello Nordic Center](#) - There's great skiing at the base of Scout Mountain, just south of Pocatello.
- [Nordic Skiing and Snowmobiling in Southeast Idaho](#) - They have several great maps of skiing and snowmobiling trails in southeast Idaho.

Keeping Your Car Running Efficiently

- **Tire Pressure** - Underinflated tires decrease your gas mileage. Spend just a few minutes a month to check your tire inflation, and save you a lot of money.
- **Vehicle Maintenance** - **A properly tuned engine will run better and use less gas. Learn more at: www.fueleconomy.gov**