

Outdoor Recreation

YOUTH ROCK CLIMBING LESSONS

Kids come and hang out at Ross Parks with instructors who know how to make the day fun and keep little hands busy on the rocks. Our system maximizes time in the rocks and minimizes time spent in lines. Teens learn to belay one on one and begin to build anchors. Once you are comfortable with Ross Parks, check out the City of Rocks trips. Feel free to sign up for multiple sessions. Classes are limited to 25 kids.

Cost: \$32 per session

Session 1: June 4, 11, 18, 25

Session 2: July 9, 16, 23, 30

Session 3: August 5, 6, 7, 8

Time: 1-3rd grades 9-10am

4-6th grades 10:15-11:15am

Middle School 11:30-1:00pm

Meeting Place: Ross Parks, S. 5th cliffs side

Register online at <http://register.pocatello.us>

or at the Community Rec. Center, 144 Wilson

ADULT ROCK CLIMBING

Trial and error is no way to learn to climb. This course is designed for adults who want to be able to set up their own climbs, tie the proper knots and belay with confidence. Equipment is provided but you are welcome to bring your own and learn to use it. Many adults with kids in our youth programs take this course so they can take their family out safely after our programs end. Student to instructor to ratios are low for maximum take home. Intermediate climbing takes basic techniques and begins to apply them to more varied situations.

Cost: \$45

Dates: June 6, 13, 20 6:00-8:30pm

Intermediate Adult Climbing: July 11, 18, 25 6:00-8:30pm

Meeting Place: S. 5th cliffs side, shady side

Climbing Wall Area

Register online at or at the Community Rec. Center, 144 Wilson

CITY OF ROCKS DAY TRIP & OVERNIGHTER

Ages: 8+ w/ adult, 12+ without adult

Take the family to the City of Rocks to hike, photograph and CLIMB. Our instructors will be setting up climbs on easier routes for novices to try their hand at climbing granite. Climbing experience would be helpful but not necessary. All climbing equipment is provided. Our instructor will be there for two days, you can go either day or both and make a camping trip out of it.

Cost: \$31, Saturday only- \$26 per person.

Dates: June 14-15

Meeting Place: TBA by instructor

Register online at <http://register.pocatello.us>

or at the Community Rec. Center, 144 Wilson

