

# Outdoor Recreation

## YOUTH ROCK CLIMBING LESSONS

Kids come and hang out at Ross Park with instructors who know how to make the day fun and keep little hands busy on the rocks. Our system maximizes time on the rocks and minimizes time spent in lines. Teens learn to belay one on one and begin to build anchors. Once you are comfortable with Ross Park, check out the City of Rocks trips. Feel free to sign up for multiple sessions. *Classes are limited to 25 kids.*

**Cost:** \$32 per session

**Session 1:** June 4, 11, 18, 25

**Session 2:** July 9, 16, 23, 30

**Session 3:** August 3, 4, 5, 6

**Time:** 1-3rd grade 9am-10am

4-6th grade 10:15am-11:15am

Middle School 11:30am-1:00pm

**Meeting Place:** Ross Park, S. 5th cliffs side

Register online at <http://register.pocatello.us>  
or at the Community Rec. Center, 144 Wilson

## ADULT ROCK CLIMBING

Trial and error is no way to learn to climb. This course is designed for adults who want to be able to set up their own climbs, tie the proper knots and belay with confidence. Equipment is provided but you are welcome to bring your own and learn to use it. Many adults with kids in our youth programs take this course so they can take their family out safely after our programs end. Student to instructor ratios are low for maximum take home. Intermediate climbing takes basic techniques and begins to apply them to more varied situations.

**Cost:** \$45

**Dates:** June 15, 22, 29

**Time:** 6:00-8:30pm

**Intermediate Adult Climbing:**

**Dates:** July 6, 13, 20

**Time:** 6:00-8:30pm

**Meeting Place:** Ross Park S. 5th cliffs side

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## CITY OF ROCKS DAY TRIP & OVERNIGHTER

**Ages: 8+ w/ adult, 12+ w/o adult**

Take the family to the City of Rocks to hike, photograph and CLIMB. Our instructors will be setting up climbs on easier routes for novices to try their hand at climbing granite. Climbing experience would be helpful but not necessary. All climbing equipment is provided. Our instructor will be there for two days, you can go either day or both and make a camping trip out of it.

**Cost:** \$31, Saturday only- \$26 per person.

**Dates:** June 26-27

**Meeting Place:** TBA by instructor

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