## Outdoor Recreation

The outdoor recreation program is dedicated to providing quality adventure programs to Pocatello folks that might not have access to them otherwise. To keep costs minimal expect to pitch in – these are NOT guided activities. Teaching skills so

people can branch out on their own is a top priority. Fitness level is not as important as motivation; try to break out of your shell. Because of the nature of the programs, many are limited in group size to a handful so the instructors can help everyone. Other programs are limited by vehicle capacity, equipment restrictions or logistics. Sign up in advance to ensure a spot. Questions are expected and welcome. Contact Outdoor Recreation: <a href="mailto:afaust@pocatello.us">afaust@pocatello.us</a> or 208-234-6237.



### **Indoor Kid Rock Climbing**

(Grades 1st-6th)

Indoor climbing is much easier for kids to understand. The holds are bigger and kinder to the fingers and the environment is controlled. Kids learn to boulder, climb routes and win prizes during games.

**Cost:** \$32 **Class Max:** 12 kids **Time:** 4:00-5:30



**Session 1:** Wednesdays: October 6, 13, 20, 27 **Session 2:** Wednesdays: November 10, 17 and

December 1, 8

Session 3: Wednesdays: March 2, 9, 16, 30

Meeting Place: Community Rec. Center

144 Wilson St.

Register Online: register.pocatello.us

COVID-19 ADVISORY: Pocatello Parks and Recreation staff will continue to work in conjunction with the Southeastern Idaho Public Health departments to implement any safety measures required due to COVID-19.

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### SKI FOR FREE DAY January 8th FREE All Day

Come to our season kickoff event! Use our rental equipment at no charge or bring your own to avoid delays. Trail passes are free for the day and volunteer instructors give free mini lessons. We can equip about 80 people at a time, but have run low on popular sizes in the past. Consider renting in advance from a ski shop in Pocatello to guarantee a stress free day. Snowshoes are also available.

**SATURDAY SKI** Feb 5, 12, 19, 26

COST: \$48

• Ages 5-9.....10:30am-noon\*

• Ages 10-12+.....12:30pm-2pm\*

• Ages 13-16+.....2:30pm-4pm\*

Four weeks of fun for any age. Younger kids learn the basics of getting around on the snow. Older kids focus on getting some mileage under their belts, and refining skills on bigger hills.

Fee includes daily rental equipment, a trail pass and instruction. Arrive 30 minutes early the first week to be fitted for equipment.

\*First Lesson is only 1 hr.

#### **ADULT LESSONS**

Adult lessons are scheduled as needed. 2-6 people at a time can take adult lessons for a flat fee of \$45 per hour, plus trail passes and equipment. Groups over 25 can also get package deals on equipment and passes. Email Andrea to schedule your family or group at afaust@pocatello.us.

**Register Online: register.pocatello.us** 

#### **SUNDAY SNOWSHOE & WINE CLUB**

Bring the beverage of your choice. We will sit in the mountains and have a snack and a drink then go for a snowshoe walk. Please plan your drive home responsibly by carpooling. No registration necessary.

Meet at noon in the Yurt. The hike starts at 1pm.

- January 9th
- February 13th
- March 6th

**Cost:** \$5 per car to park

\$7 to rent snowshoes if necessary. **Designated Driver gets free snowshoe rentals.** 

