

Pocatello Child Care Advisory Committee

Newsletter April 2022 Issue



Child Care Provider Appreciation Day

Friday May 6th, 2022



National Provider Appreciation Day is on the Friday before [Mother's Day](#), May 6 this year. Childcare workers are celebrated on this day, including teachers, nannies, and caregivers, all of who are essential workers in helping working parents continue to provide for their families. The day focuses on building awareness of the holiday, thanking childcare workers, and showcasing their contributions to their communities. From a simple thank you and gifts to social media posts and hashtags, this holiday is deserving of our attention.

Spring is here and there are plenty of activities to involve children that can occur outside.

Garden Plots:

Children are more likely to try new foods if they grow them. Easy plants to grow could be peas, green beans, radishes, potatoes, tomatoes, lettuce, carrots. You could even have a family event by having parents come and help out with the garden prep work and planting.



Dandelion Blowing



If you've ever lived in an area in which the dandelion grows, it's likely that you've blown the dried seeds of the dandelion flower at some point. Once dandelions turn from their vibrant yellow color to their white/gray seed, they can be blown, sending the seeds into the air like tiny helicopters.

[Why People Love to Blow the Dandelion Flower \(gardenguides.com\)](https://gardenguides.com)

Coloring Rocks

One more way to offer freedom of expression is through painting. Whether they are small or classroom size, children love art.



Ever since April was designated as National Child Abuse Prevention (CAP) Month in 1983, Prevent Child Abuse America (PCA America) and its nationwide network of state chapters, along with other child welfare organizations, have recognized it as a time to raise awareness and inspire collective action, so that our country's children can lead their best lives.

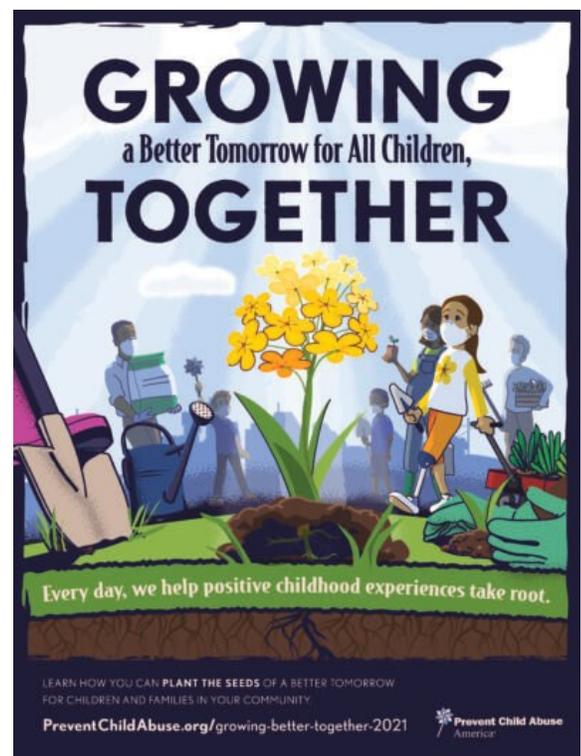
What Are Some Effects of Child Abuse and Neglect?

Child Abuse Prevention Month was created because child abuse and neglect was both widespread and too often invisible. "Our children are our future" may be a cliché, but it's still true that the more adults can have a positive impact on a child's experiences, the stronger society will be. A safe, stable, and nurturing environment can have a proven positive effect on brain development. [Research](#) shows that children who suffer from the prolonged stress of abuse and neglect tend to struggle in their behavioral, physical, and cognitive abilities. The effects of early trauma tend to continue through generations. In contrast, experiencing support in early childhood can prevent or even reverse the damaging effects of early life stress, with lifelong benefits for a young person's learning, behavior, and health. Whatever seeds have been planted, or not planted, will affect a person's health, ability to learn, and ultimately, earning power.

Child abuse and neglect doesn't stem from just one cause, which is why stopping its destructive cycle is so difficult. Living in a community with a high rate of violence, limited access to social services, poverty, and unemployment are all major factors. Addressing community needs by giving families support has much more impact, and costs much less, than attempting to address the consequences of adversity after a child has grown up.

To Learn more, go to:

[April is Child Abuse Prevention Month \(preventchildabuse.org\)](https://www.preventchildabuse.org)



Active Shooter Preparedness for Early Childhood Professionals

Training Specifically Designed for Early Childhood Professionals and Those Caring for Infants, Toddlers, and Children

April 23, 2022
11:00 am ~ 2:00 pm
City Council Chambers
911 N 7th Ave
Pocatello, ID 83201

Training Hours:
Earn up to 3
hours of training
hours.



Run.Hide.Fight

This is a new title so you may attend even if you have attended in the past!!!



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STARS